



Republic of the Philippines  
Professional Regulation Commission  
Manila



**CONTINUING PROFESSIONAL DEVELOPMENT (CPD) COUNCIL OF  
PSYCHOLOGY**  
**Resolution No. 01**  
Series of 2021

**GUIDELINES ON THE EVALUATION AND GRANTING OF CPD CREDIT UNITS TO  
REGISTERED AND LICENSED PSYCHOLOGISTS AND PSYCHOMETRICIANS  
WHO PROVIDED ESSENTIAL SERVICES DURING THE STATE OF PUBLIC  
HEALTH EMERGENCY DUE TO CORONA VIRUS DISEASE 2019 PURSUANT TO  
COMMISSION RESOLUTION NO. 1239 (S.2020)**

**WHEREAS**, the Commission issued Resolution No. 1239 (s.2020) entitled "Granting Continuing Professional Development (CPD) Credit Units to All Professionals Providing Essential Services during the State of Public Health Emergency due to Corona Virus Disease 2019 (COVID-2019)", provides for the guidelines on how professionals can earn CPD credit units; and

**WHEREAS**, the said guidelines mandated all CPD Councils to issue their respective rules on the evaluation of the applications based on the following, but not limited to, duration or period of engagement or services rendered and the nature of the assignment or task.

**NOW THEREFORE**, the CPD Council of Psychology **RESOLVES** to issue these guidelines on the evaluation and granting of CPD credit units to professionals pursuant to Commission Resolution No. 1239 (s.2020), as follows:

**Section 1. Matrix of Activities Conducted by professionals.** The following is the matrix of activities conducted by all professionals who provided essential services during the State of Public Health Emergency brought about by the COVID-19 crisis:

**For the Local and Overseas Filipino Psychometrician:**

ACTIVITY	ASSIGNMENT/ TASK	DURATION AND FREQUENCY	CPD CREDIT UNITS EARNED AND SUPPORTING DOCUMENTS
Creation and Management of Podcasts and Blogs on mental health	Psychometrician (supervised by registered mental health/medical professional) producing informational materials		Maximum of 10 CUs per material upon submission of: <ul style="list-style-type: none"><li>• Professional Profile</li><li>• Supervisor Profile</li><li>• Information materials</li><li>• Supervisor Certification of integrity of material</li><li>• Supervisor Evaluation</li></ul>
Supportive Therapeutic Communication/Instant Messaging or Video-based Counseling Services	Licensed psychometricians (completed supervised MA/MS Clinical/Counseling Internship) rendering	Per 3 hour engagement	1 CU upon submission of: <ul style="list-style-type: none"><li>• Professional profile</li><li>• Narrative report of sessions</li><li>• Videos used</li></ul>

**GUIDELINES ON THE EVALUATION AND GRANTING OF CPD CREDIT UNITS TO REGISTERED AND LICENSED PSYCHOLOGISTS AND PSYCHOMETRICIANS WHO PROVIDED ESSENTIAL SERVICES DURING THE STATE OF PUBLIC HEALTH EMERGENCY DUE TO CORONA VIRUS DISEASE 2019 PURSUANT TO COMMISSION RESOLUTION NO. 1239 (S.2020)**

	initial or emergency counseling		
Supervised Counseling/Therapeutic communication/Instant Messaging or Video-based counselling service	Licensed psychometricians (MA/MS Clinical/Counseling Psychology interns/practicumers (supervised by 1 registered counseling/clinical psychologist) rendering initial or emergency counseling	Per 3 hour engagement	1 CU upon submission of: <ul style="list-style-type: none"> <li>Professional Profile</li> <li>Supervisor Profile</li> <li>Narrative report of sessions</li> <li>Evaluation Report of Supervisor</li> </ul>
Webinar Hosting/Moderating psychology-oriented programs	Psychometricians hosting/moderating psychology-oriented training programs	Per 1 hour engagement	0.5 CU per hour upon submission of: <ul style="list-style-type: none"> <li>Professional Profile</li> <li>Certification from Sponsoring Organization</li> <li>Copy of the Announcement/ Program</li> </ul>
Creation, Hosting and Management of Online Psychology-oriented Support Groups, Social Networks	Psychometrician (taken psychology board exam subjects on Masters level) in creating, hosting, and managing psychological support groups and social networks	Per hour engagement	0.5 CU per hour upon submission of: <ul style="list-style-type: none"> <li>Professional Profile</li> <li>Certification from Sponsoring Organization/Copy of the Program/ Narrative of activities</li> </ul>
Referral List	Making available a list of psychologists, psychiatrists and other professionals contact details who can be consulted for stress and other mental health issues in one's community	CPD Council to evaluate	2 CUs upon submission of: <ul style="list-style-type: none"> <li>List of at least twenty professionals with specialization and contact details</li> <li>Proof of dissemination</li> </ul>
Research	Conducting survey on mental health issues and needs, pertinent to COVID-19-related situations and posting them online	CPD Council to evaluate	<ul style="list-style-type: none"> <li>Maximum of 4 CUs per survey and post upon submission of:</li> <li>List of Demographics/Number of Participants</li> <li>Copy of research goals, questions and findings</li> <li>Dates of survey</li> </ul>

**For the Local and Overseas Filipino Psychologist:**

<b>ACTIVITY</b>	<b>ASSIGNMENT/ TASK</b>	<b>DURATION AND FREQUENCY</b>	<b>CPD CREDIT UNITS EARNED AND SUPPORTING DOCUMENTS</b>
<ul style="list-style-type: none"> <li>• Counseling/Therapy</li> <li>• Supportive Therapeutic Communication</li> <li>• Instant Messaging</li> <li>• Video-based Counseling Service</li> </ul>	Attending to psychological problems/concerns	Per 3 hour engagement	1 CU upon submission of: <ul style="list-style-type: none"> <li>• Professional Profile</li> <li>• Narrative of Experience</li> </ul>
Supervision of Psychometricians	Assessment of mental health services rendered	Per hour engagement	½ CU upon submission of: <ul style="list-style-type: none"> <li>• Professional Profile</li> <li>• Narrative of Experience</li> </ul>
Creation and Management of Podcasts and Blogs providing health care	Communicating mental health information		Maximum of 10 CUs per material upon submission of: <ul style="list-style-type: none"> <li>• Information materials</li> <li>• Assessment of integrity of material</li> <li>• Supervisor Evaluation</li> </ul>
Psychology-Oriented Webinar Hosting/Moderating	Acting as host or moderator of a psychologically-oriented webinar run by others	Per hour engagement	2 CU/hour upon submission of: <ul style="list-style-type: none"> <li>• Professional Profile</li> <li>• Certification from Sponsoring Organization</li> <li>• Copy of the Program Screenshot</li> </ul>
Webinar Speakership	Giving web-based training programs or running psychotherapeutic programs	Per Hour Engagement	3 CU/hour upon submission of: <ul style="list-style-type: none"> <li>• Professional Profile</li> <li>• Certification from Sponsoring Organization/ Program</li> <li>• Copy of presentation</li> </ul>
Management of Online Support Group in any setting (community, Hospital, NGOs and GOs)	Ensuring psychological assistance rendered online to groups of people in the community, in hospitals, NGOs and GOs	Per hour engagement	0.5 CU per hour upon submission of: <ul style="list-style-type: none"> <li>• Professional Profile</li> <li>• Certification from Sponsoring Organization</li> <li>• Copy of the Program/link</li> </ul>

Resolution No. **01**

Series of 2021

**GUIDELINES ON THE EVALUATION AND GRANTING OF CPD CREDIT UNITS TO REGISTERED AND LICENSED PSYCHOLOGISTS AND PSYCHOMETRICIANS WHO PROVIDED ESSENTIAL SERVICES DURING THE STATE OF PUBLIC HEALTH EMERGENCY DUE TO CORONA VIRUS DISEASE 2019 PURSUANT TO COMMISSION RESOLUTION NO. 1239 (S.2020)**

<b>ACTIVITY</b>	<b>ASSIGNMENT/ TASK</b>	<b>DURATION AND FREQUENCY</b>	<b>CPD CREDIT UNITS EARNED AND SUPPORTING DOCUMENTS</b>
TV/radio sharing	Talking about mental health issues during the pandemic	Per engagement	1 CU per appearance upon submission of: <ul style="list-style-type: none"> <li>• Program Title/ Date/ Link</li> <li>• Pictures</li> </ul>
Unpublished Research	Conducting survey of mental health issues and needs, pertinent to COVID-19-related situations and experiences, making recommendations, and sharing them digitally.	CPD Council to evaluate	Maximum of 3 CUs per research upon submission of: <ul style="list-style-type: none"> <li>• List of Participants and Demographics</li> <li>• Copy of research goals, methodology and findings</li> </ul>
Published Research	Conducting formal research on mental health issues/stresses/adaptations brought about by the pandemic and having them published during the pandemic	CPD Council to evaluate	Maximum of: <ul style="list-style-type: none"> <li>• 5 CUs published in legitimate publication</li> <li>• 10 CUs published in locally- indexed journal</li> <li>• 20 CUs published in internationally indexed journal</li> <li>• Upon submission of research and publication details, if any</li> </ul>

**COVID-19 Responses Unrelated to Profession of Psychometrician and Psychologist:**

<b>ACTIVITY</b>	<b>ASSIGNMENT/ TASK</b>	<b>DURATION AND FREQUENCY</b>	<b>CPD CREDIT UNITS EARNED AND SUPPORTING DOCUMENTS</b>
Fund-raising	Fund-raising for food and equipment for frontliners and poverty-stricken	CPD Council to Evaluate	Maximum of 3 CUs upon submission of receipts of donations
Packing/Distribution	Packing and distribution of food and PPEs for poverty stricken and frontliners	CPD Council to Evaluate	1 CU/ 4 hours upon submission of: <ul style="list-style-type: none"> <li>• Certification of number of hours from Head of Sponsoring Group or Recipient</li> <li>• Photographs</li> </ul>

Resolution No. 01

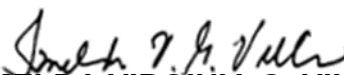
Series of 2021

**GUIDELINES ON THE EVALUATION AND GRANTING OF CPD CREDIT UNITS TO REGISTERED AND LICENSED PSYCHOLOGISTS AND PSYCHOMETRICIANS WHO PROVIDED ESSENTIAL SERVICES DURING THE STATE OF PUBLIC HEALTH EMERGENCY DUE TO CORONA VIRUS DISEASE 2019 PURSUANT TO COMMISSION RESOLUTION NO. 1239 (S.2020)**

**Section 2. Effectivity** - This resolution shall take effect immediately copy furnished the U.P Law Center.

Done, this 2<sup>nd</sup> day of March, 2021 in Pasay City, Philippines.

**CONTINUING DEVELOPMENT COUNCIL OF PSYCHOLOGY**

  
**IMELDA VIRGINIA G. VILLAR**  
Chairperson

  
**MARIA CLAUDETTE A. AGNES**  
Member


  
**RON R. RESURRECCION**  
Member

Approved by:

**PROFESSIONAL REGULATORY BOARD OF PSYCHOLOGY**

  
**MIRIAM P. CUE**  
Chairman

  
**ALEXA P. ABRENICA**  
Member

  
**IMELDA VIRGINIA G. VILLAR**  
Member